

PSHE and RSE Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	Recognising our Feelings Changes	Helping Each Other Rules & Boundaries	Recognising Feelings in Others Making Good Choices	We are all Different/Special	Showing Kindness Resilience & Persistence	Sportsmanship & Confidence Changes
Year 1	It's my body	Relationships: TEAM	Money Matters	Aiming high	Diverse Britain	Be Yourself
Year 2	Safety First	Digital Wellbeing	Think Positive	Growing up	Relationships: VIPS	One World
Year 3	It's my body	Be Yourself	Diverse Britain	Aiming High	TEAM	Money Matters
Year 4	Digital Wellbeing	VIPs	Safety First	One World	Think Positive	Diverse Britain <i>(Year 5 Unit)</i>
Year 5	Money Matters	Be Yourself	TEAM	Aiming High	It's My Body	Growing Up <i>(Year 4 Unit)</i>
Year 6	One World	VIPs	Safety First	Digital Wellbeing	Think Positive	Growing up