whole school meals		Menu - November 2024 - March 2025			
		Week One	Week Two	Week Three	
REAL FOOD FOR REAL ENERGY		04/11,25/11,06/01,27/01,24/02,17/03	11/11,02/12,13/01,03/02,03/0324/03	18/11,09/11,20/01,10/02,10/03,31/03	
Monday	Option 1	Home-made Pizza	Mac n Cheese	Pea & Basil Pesto Pasta	
	Option 2	Tomato Pasta	Pasta Provencale	Tomato Pasta	
	served with	Pasta	Garlic Dough Balls	Garlic Flatbread	
		Peas & Sweetcorn	Peas & Sweetcorn	Peas & Sweetcorn	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Frozen Dessert	Frozen Dessert	Frozen Dessert	
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly	
Tuesday	Option 1	Beef Burger	Breaded Chicken Steak	Mild Chicken Curry	
	Option 2	Quorn Sausage	Veggie Nuggets	Veggie Bolognese with Pasta	
	served with	Herby Diced Potatoes	Jacket Wedges	Rice	
		Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	Carrots & Green Beans	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Marble Sponge & Custard	Fruit Crumble & Custard	Chocolate Cake & Chocolate Sauce	
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly	
Wednesday	Option 1	Chicken Pie & Gravy	Sausages with Yorkshire Pud & Gravy	Roast Pork with Gravy	
	Option 2	Veggie Pie	Quorn Sausage & Gravy	Winter Vegetable Bake 🔒	
	served with	Roast Potatoes	Roast Potatoes	Roast Potatoes	
	Served With	Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choice	Local Seasonal Vegetables & Cooks Choice	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Cookie	Cookie	Cookie	
>		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly	
Thursday	Option 1	Pork Meatballs	Lasagne	Sausage Roll Slice & Gravy	
	Option 2	Meatless Meatballs	Veggie Burritos	Quorn Sausage Roll	
	served with	Pasta	Garlic Bread	Mash	
		Carrots & Green Beans	Peas & Cauliflower	Peas & Carrots	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Raspberry Buns	Krispie Cake	Lemon Drizzle Cake	
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly	
Friday	Option 1	Fish Fingers	Fish Fingers	Fish Fingers	
	Option 2	*Cheese Puff	Curried Veggie Pasty	*Pizza Whirl	
	served with	Chips/Pasta	Chips/Pasta	Chips/Pasta	
		Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	Baked Beans & Sweetcorn	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Cooks Choice of Dessert	Cooks Choice of Dessert	Cooks Choice of Dessert	
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly	
Q (S) VEGETARIAN	Suitable for Vegetarians		All items are subject to availability		
VEGAN	Suitable for Vegans & Vegetarians		All Items with * can be made Vegan Friendly		
	Contains Fish		www.wholeschoolmeals.co.uk tered address: Almond House, Betteshanger Road, Betteshanger, Deal CT14 0EN		