

Physical Education Curriculum Overview

Bold: External Providers

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	Gross and fine motor development within the EYFS area via CI and enrichment activities.					
	Gymnastics: Gym in the Jungle	Dance: Dinosaurs	Dance Coach	Best of Balls	Gymnastics: Jumping Jacks	Games: The Olympics
Year 1	Multi Skills	Football	Tennis	Tennis	Rapid Fire	Athletics
	Dance: Dance Till You Drop (EYFS Unit)	Gymnastics: Animals	Dance	Gymnastics: Traditional Tales	Yoga: Salute to the Sun	Dance
Year 2	Multi Skills	Infant Agility	Tennis	Tennis	Tag Rugby	Rounders
	Dance	Gymnastics: Landscapes and Cities	Gymnastics: Under the Sea	Dance	Dance: Plants	Circuit Training
Year 3	Tennis	Tennis	Pop Lacrosse	Football	Cricket	Athletics
	Gymnastics: Movement	Dance	Gymnastics: Shape	Gymnastics: Shape and Balance – Egypt (Y4 unit)	Dance	Twinkl OAA Unit
Year 4	Tennis	Tennis	Handball	Tag Rugby	Rounders	Athletics
	Gymnastics: Movement	Dance	Gymnastics: Movement (Y5 Unit)	Gymnastics: Shape and Balance (Y5 Unit)	Dance	Twinkl OAA Unit
Year 5	Football	Hockey	Netball	Quick Cricket	Tennis	Tennis
	Dance	Swimming	Swimming	Swimming	Swimming	Swimming
Year 6	Basketball	Tri-Golf	Handball	Athletics	Tennis	Tennis
	Gymnastics: Movement	Gymnastics: Rivers and Mountains	Dance: Dance Through the Decades	Dance	Twinkl OAA Unit	Dance